



***JIGNASA GURUKULAM***



# JIGNASA



**Jignasa is a pan India movement to provide a common platform to address all aspects related to AYUSH systems - Ayurveda, Yoga, Unani, Siddha, Sowa Rigpa and Homeopathy.**

**Our Mission:**

**Jignasa - 'Learn AYUSH to Practice AYUSH'**

**Our Vision:**

**Empowering AYUSH students from campus to community.**

**Becoming a bridge between AYUSH students and Policy makers as well as administrative authorities.**

**Connecting every aspect of AYUSH including Students, Academicians, Practitioners, Scientists, Industries and Hospitals under one umbrella.**

**Think globally act locally**

**Our initiatives span knowledge sharing forums, Health care provision, Skills development, Workshops, exposure visits and policy advocacy, all geared towards promoting and enhancing the AYUSH system.**



# Jignasa Gurukulam

Jignasa Gurukulam is a unique educational program that offers a comprehensive and immersive learning experience in Ayurveda. The program is designed for BAMS students and Ayurvedic practitioners who want to deepen their knowledge and skills in traditional Ayurvedic medicine.

## Objectives

The primary objectives of the Jignasa Gurukulam program are:

1. To provide hands-on training in traditional Ayurvedic methods and techniques.
2. To enhance clinical skills and confidence in practicing Ayurveda.
3. To foster a deeper understanding of Ayurvedic principles and philosophy.
4. To promote research and innovation in Ayurveda.

## Program Structure

The Jignasa Gurukulam program is structured around the following components:

1. **Theoretical Foundation:** Students receive a comprehensive review of Ayurvedic principles, philosophy, and fundamental concepts.
2. **Practical Training:** Hands-on training in traditional Ayurvedic methods and techniques, including Panchakarma, Pharmacology, and Surgery.
3. **Clinical Exposure:** Students participate in clinical rotations, observing and assisting experienced Ayurvedic practitioners.
4. **Mentorship\_:** One-on-one guidance and mentorship from experienced Gurus (15+ years of experience).
5. **Research and Innovation:** Opportunities for research collaborations and innovation in Ayurveda.





## Eligibility and Admission

The Jignasa Gurukulam program is open to:

1. BAMS students who have completed their 2nd or 3rd year.
2. Ayurvedic practitioners who want to enhance their skills and knowledge.

Admission to the program is based on:

1. Online application form.
2. Entrance examination.
3. Personal interview.

## Duration

The duration of the Jignasa Gurukulam program may vary, depending on the individual's needs and goals. The program can range from 2-12 months, with classes held on weekends or weekdays.

## Certification

Upon successful completion of the program, students receive a certification from Jignasa Gurukulam.

## Benefits

The Jignasa Gurukulam program offers numerous benefits, including:

1. Enhanced clinical skills and confidence in practicing Ayurveda.
2. Deeper understanding of Ayurvedic principles and philosophy.
3. Opportunities for research collaborations and innovation in Ayurveda.
4. Networking with experienced Ayurvedic practitioners and professionals.
5. Certification from Jignasa Gurukulam.



## **Rules and Regulations for Shishyas**

### **1. Stipend and Allowances**

- No stipend, traveling allowance (TA), or daily allowance (DA) will be provided to Shishyas.

### **2. Code of Conduct**

- Shishyas are expected to maintain proper discipline and behavior while studying under their Guru.
- Any act of disobedience, misconduct, misbehavior, or indiscipline may result in the loss of term.

### **3. Commitment to Learning**

- The purpose of the Shishya program is to provide dedicated and curious students the opportunity to learn from their Guru.
- Shishyas are expected to devote maximum time to learning and attend clinical/theory sessions regularly and on time.

### **4. Eligibility**

- Shishyas must be pursuing/holding an Ayurvedacharya degree.

### **5. Accommodation and Living Arrangements**

- Shishyas are responsible for making their own arrangements for lodging and boarding near their Guru's location.
- Students are required to arrange their own food facility.

### **6. Attendance and Punctuality**

- Shishyas are expected to attend all clinical/theory sessions regularly and on time.

### **7. Behavior and Demeanor**

- Shishyas should behave with dignity and courtesy at all times.

### **8. Confidentiality**

- Shishyas are expected to maintain confidentiality regarding their Guru's teachings, methods, and patient information.

### **9. Respect for Property**

- Shishyas must respect the institution's property and equipment.

### **10. Health and Hygiene**

- Shishyas must maintain good health and hygiene practices.

### **11. Adherence to Rules**

- Strictly adhere to the rules and regulations of the Shishya program.

### **12. Termination**

- The Guru reserves the right to terminate the Shishya program for any student who fails to comply with the rules and regulations.

By accepting the Shishya program, students acknowledge that they have read, understood, and agree to abide by these rules and regulations.



**Dear Respected Guru,**

We are deeply grateful for your consideration to join our Jignasa Gurukulam family as a revered Guru. As we embark on this sacred journey of imparting knowledge and wisdom, we humbly request your adherence to the following guidelines:

**1. Eligibility**

-We seek Gurus with a minimum of 15 years of experience in the Ayurveda field, possessing an area of specialization in any branch of Ayurveda. Your expertise will be a beacon of guidance for our Shishyas.

**2. Clinical Experience**

-We kindly request that you maintain a minimum of 20+ OPD patients per day, ensuring our Shishyas receive maximum exposure to practical learning.

**3. Cooperation and Mentorship**

-As a Guru, your selfless guidance and mentorship will be instrumental in shaping the future of our Shishyas. We request your cooperation in nurturing their growth and learning.

**4. Termination of Mentorship**

-In the unlikely event of unforeseen circumstances, we humbly request your understanding that the Shishya shall have no right to object to any changes in mentorship.

**5. Remuneration**

-We acknowledge and respect your selfless contribution to our institution. As this is a voluntary endeavor, we do not offer remuneration or salary.

**6. Confidentiality**

-We request your discretion in maintaining confidentiality regarding the Shishya's learning and progress.

**7. Regular Feedback**

-Your constructive feedback will be invaluable in guiding our Shishyas. We kindly request that you provide regular feedback on their progress and areas for improvement.

**8. Adherence to Code of Ethics**

-We humbly request your adherence to the code of ethics and professional standards set by our institution.

By graciously accepting the role of Guru, you acknowledge that you have read, understood, and agree to abide by these guidelines. We are deeply grateful for your presence and guidance in our Jignasa Gurukulam family.

Dhanyavad (Thank you) for your selfless contribution to the preservation and propagation of Ayurvedic wisdom.





**Scan For Application Form**



**Click For Application Form**

**FOR MORE DETAILS CONTACT**  
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**Jignasaayush**